

AYL 2011 Fall Season 1/2nd Grade Boys Rules

I. Player eligibility and participation

- A. To be eligible to play, a player must be in 1st or 2nd grade

II. Field and Team Rules

- A. Field Size: The lacrosse field shall be 60 x 35 yards or as agreed upon by each coach by necessity or exception
 - 1. Goal Crease: The goal crease shall be positioned 7 yards from the endline
 - 2. Midfield Line: There shall be a single midfield line (designated by cones)
 - 3. Restraining Box: There is no restraining box at the 1/2 Grade Level
 - 4. Offensive Zone: The offensive zone is considered to be between the midfield line and the endline
- B. Fielded Team Size: Play will be 7 vs. 7 consisting of: two (2) Attack, two (2) Midfielders, two (2) Defenders, and one (1) Goalie.
 - 1. Player Shortages: Teams may exchange players with one another in order to have enough players to play the game. If not enough players are available, the game will be played 6v6, or 5v5
- C. Game Time: Games will consist of two 20-minute running time halves
 - 1. Shift Change: Clocked is stopped every four minutes, for mandatory substitutions ("shift change"), however play in progress will continue until officials' whistle (ball hits ground, shot, offensive stall).
 - a) Play will resume at the midfield line with the team in possession retaining possession or
 - b) If no possession, the ball will be awarded to the trailing team at midfield or
 - c) If no possession or lead then via alternate possession rules
 - 2. Time Outs: Teams may request a TO from the official at any point, but the clock does not stop. Team must be in possession to call a timeout
 - 3. Half Time: Half-time is 5 minutes unless official deems otherwise.
 - 4. Overtime: There is no overtime. Scores are not recorded at the 1/2nd grade level
- D. Uniforms: Players must wear their assigned AYL jersey. No other jersey will be permitted
- E. Rosters: The scorers table will have player rosters that include name, jersey numbers, and current grade the player is in. These rosters may be inspected by coaches prior to each game.

III. Equipment Rules

- A. Required Equipment: Each player must wear a NOCSAE Certified Helmet, arm pads, shoulder pads, mouth guard and protective cup.
- B. Stick Specifications: Sticks must be between 37" and 42" long and be of proper type.

IV. Coaches Participation

- A. Coaching Credentials: Each team's coaches will be AYL Volunteer Coaches, having registered and provided a current US Lacrosse Member Number.
- B. On Field Participation: One coach from each team will be allowed on the field during play, but may not interfere in game play. Coaches on the field will move/adjust as directed by the Official

V. Officiating: Each game shall be officiated by either

- E. Preferred: One (1) Adult Official

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1. As defined as any individual age 18 or older or,
 2. Any individual age 17 or older and having been a certified official and actively officiating games for one (1) year or longer
- F. Allowable: One Junior Official(s)
1. Any individual who has previously officiated 3/4, 5/6, or 7/8th grade games, and certified to officiate 1/2nd grade games by Head Official, Gordon Corsetti, rules@ayllax.com

VI. Game Play Rules

A. Body Contact

1. No intentional body on body contact is permissible
 - a) No "man-ball"
 - b) No physically bumping players out-of-bounds
2. Incidental and unintentional contact is expected

B. Checking

1. The following controlled checks are permitted:
 - a) 'Poke' check
 - b) 'Lift' check
 - c) Limited 'Rap' or 'Slap' check provided:
 - (1) The cocking motion is limited
 - (2) Max of a 30 degree arc to swing (essentially from shoulder to stick)
2. All checks must land on the stick or glove(s) holding the stick
3. Sole contact with the body (intentional or not) will be called a 'slash'
4. One handed checks are prohibited and called a 'slash'

C. Prohibited Checks

1. Body Checks: No body checking is permitted.
2. One handed Checks: Both hands must be on the crosse

D. Goalie Rules:

1. Goalie Required for Play: Each team must provide a goalie.
2. Required Equipment: Goalie must wear Required Equipment as noted in Section III and must also wear neck and chest protection and use a goalie stick.
3. Goalie cannot score a goal.
4. Goalie ball: When goalie has clamped on the ball with at least one foot in the crease, it is the goalie's ball.
5. Exiting the Crease: Goalie cannot come out of the crease until the minimum pass requirement is met. (The minimum pass requirement(s) are explained below.)
6. Crease Protection: Goalie will get crease protection and opposing players must be at least 5 yards from the crease when goalie is awarded possession for any reason.

E. FaceOff Rules:

1. Start-of-Half: Each half will begin with a faceoff.
2. Player Positioning:
 - a) Midfielders: Shall be placed on the sidelines
 - b) Attack and Defenders: Shall be placed behind Goal Line Extended until possession is called

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3. After Goal: When a goal is scored, the goalie or defender is given the ball. Play is restarted with the ball at Goal Line Extended

F. Two Pass Rule

1. Prior to attempting to score, the attacking team must attempt to complete two (2) passes in the Offensive Zone
 - a) Passes made in the Offensive Zone (See Section II.a.iv) of the field can be dropped and the pass can still be considered a “completed attempt”.
 - b) Passes just need to be attempted and possession by the attempting team must be continuous.
 - (1) In the case of a ground ball, possession by the offense is assumed to be maintained until/unless the defense positively establishes possession of the ball
 - c) Passes must have an airborne element to be considered
 - (1) No rolling ball between players
 - d) Referee Notifications: The Referee needs to call out each pass by holding a finger in the air to indicate which of the two passes has been correctly attempted.
 - (1) As example, after the 1st required pass is attempted the referee would hold up 1 finger, upon the correct attempt of the 2nd pass the Referee would hold up two fingers, indicating the offensive team may now shoot at the goal.
2. Shot Taken When Two Pass Rule Has Not Been Met: If a shot is taken without the required pass attempts, regardless of whether the shot results in a goal, the ball is awarded to the goalie and
 - a) Goalie gets possession of ball and play starts on the Official’s whistle.
 - b) Goalie is awarded Crease Protection (See Section VI.a.vi)
 - c) If the shot results in a goal, the goal is disallowed
3. Two Pass Rule Met – Shot Taken but Travels Out of Bounds and Offense is Awarded the Ball
 - a) In the event that the Two Pass Rule is met and a shot is taken and travels wide of the goal and travels out of bounds and the offense retains possession, the offense must attempt one additional pass prior to attempting to score

G. **Mercy Rule**

1. The score is not recorded during 1/2nd Grade games. However, if the official feels that one team is being scored on without scoring themselves, the official may place the ball at the center of the midfield line after any goal is scored. Giving the “losing” team an opportunity to go on offense.

H. **Substitutions**

1. Substitutions can be on the fly, even after goals or ball goes out of bounds.
2. Teams can sub players during the opposing team's time out
3. All players, except goalie, must be replaced except when a team has 12 or less players, playing in the game. (Equal Playing Time Rule)

I. **Penalties**

1. Offsides: Attack, Defense & Goalie cannot cross mid-field. An offside penalty will result in a Change of Possession

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2. Minor Penalties: Change of possession is awarded at the spot of foul.
3. Major Penalties: Player subbed by Team Coach for 1 min and change of possession.
4. Flagrant penalties: At the Discretion of the official: a player will be removed from play for rest of the game. A team must substitute for the player removed.
5. Man Down Play: No Man Down play is allowed at the Bantam level. Each team must always have 7 players on the field during play.

J. Ejections

1. In the event that a Player or Coach is ejected from a game, the following MUST transpire:
 - a) Coaches will leave the team sideline and cease any and all coaching activities
 - b) Players will remove all equipment and sit on team bench / sideline
 - c) Coaches and/or Players will sit out the remainder of the game in which the violation occurred and one additional (immediately following) game. In the event that this is the last game of the Season, the player will serve the suspension in the following Season.
2. In the event that the Player and/or Coach refuses to comply, the Officials may call immediate end to the game and field is to be cleared of play.
3. The Official on the field is responsible with notifying AYL Staff present, or via email at rules@ayllax.com regarding any ejections within 48 hours of the incident.

End of Rules of Play – Clarifications / Modifications

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